



Christ Church CE (c) Primary School

Subject: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Gymnastics Problem Solve	Dance Speed and Agility	Gymnastics 2 Body Manage	Dance 2 Coordination	Problem Solve 2 Body Manage 2	Coordination 2 Speed Agility 2
Year 1	Gymnastics Hit Catch Run	Dance Attack Defend Shoot	Gymnastics 2 Send and Return	Dance 2 OAA	Attack Defend Shoot 2 Hit Catch run 2	Send and Return 2 Run Throw Jump
Year 2	Gymnastics Hit Catch Run	Dance Attack Defend Shoot	Gymnastics 2 Send and Return	Dance 2 OAA	Attack Defend Shoot 2 Hit Catch run 2	Send and Return 2 Run Throw Jump
Year 3	Gymnastics Football	Dance Tennis	Boccia OAA	Gymnastics 2 Hockey	Dance 2 Cricket	Handball Athletics
Year 4	Swimming/Dance Football	Swimming/Gymnastics Tennis	Swimming/ Sitting Volleyball OAA	Swimming/Dance Netball	Swimming/Gymnastics Rounders	Swimming/ Sitting Volleyball Athletics
Year 5	Gymnastics Netball	Dodgeball Tennis	Tag Rugby OAA	Dance Hockey	Gymnastics 2 Cricket	HRE Athletics
Year 6	Dance Tag Rugby	Gymnastics Tennis	Gymnastics 2 OAA	Mindfulness Netball	HRE Rounders	Tri-Golf Athletics

Gymnastics

Dance

Invasion Games

Net/Wall Games

Striking/Fielding Games

Target Games

Swimming

Outdoor Adventurous Activities

Health Related Exercise

Mindfulness



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Wet PE Lessons to focus on: Game specific tactics, importance of healthy eating and exercise on health, benefits of exercise on the body and safety in PE (use of Showbie)