Curriculum Expectations

PE

Subject Leader:

Jamie Davies

Curriculum Coverage

During their Primary School education, all children will be given the opportunity to develop their skillfulness across a range of sporting experiences. As well as building gross and fine motor skills, children will experience a range of sports. Children will participate in Dance, Gymnastics, Games, Swimming, Outdoor/Adventurous and Athletics lessons where skills taught will focus on developing the child's agility, balance and co-ordination as well as evaluating their own and other's performance and their decision making skills in game situations.

How often?

1 hour will be taught indoor and 1 hour outdoor each week. Games will be taught at least once per week and year 3,4,5 have swimming lessons for a term each.

By whom?

Class Teacher and Specialist PE Teacher

Enrichment

Children are given the opportunity to develop sport specific skills through a range of extra-curricular sports clubs. In these clubs, children develop their knowledge of the sport and are given the opportunity to compete at an intra-school level and also at an inter-school level. Children volunteer for places in these clubs but they can sometimes be offered the opportunity as intervention for a range of reasons. The school regularly takes children to compete against other schools as part of school games competitions.

What does a typical lesson look like? (include scaffolding)

Children will recall previous learning and understanding of key skills. Children will then warm-up using lesson specific activities that will be taught with physiological benefits discussed. This will include stretching and activities to increase heart rate.

Key information for how children will meet learning objectives will then be given with clear models demonstrated to support children's understanding. Children will be given the opportunity to develop their skillfulness (agility, balance and co-ordination). Children will have their learning scaffolded through changes in equipment, space, expectation and outcome making the activity either harder or easier as required.

During the lesson, children will constantly be modelled the next steps in their execution of different skills. As children progress in the lesson, they may be challenged to consider their decision making skills and evaluate own and other's performance of skills to benefit their own progress. A final performance or game will be completed to aid assessment.

Which resources are used?

Sport specific resources, e.g. mats, balls, bats to be used.

Playground, running track, hall and CCSC.

CC PE key skills document used to inform planning.

The PE Hub resources aid planning & subject knowledge.

Celebrations

Pictures and videos to be shared on X and in newsletters of PE lessons and attendance of inter-school competition.

Certificates and values badges to be awarded to children who attend and excel during intra-school competitions.

How is it monitored?

The subject leader monitors planning to assess whether there is a broad coverage of the expected skills in PE lessons. Pupil voice conversations and short lesson visits are to be used to check knowledge is retained and pitched correctly.

How is it assessed?

Subject leader to observe specific children's competence in different key skills—skilfulness, decision making and evaluation of performance - and the progress they make on a yearly basis.